

vibrant

orange city, iowa



mark your
calendars



Peter Fletcher-Classical Guitarist
Date: Oct. 3, 7pm, free
Location: Orange City Public Library
Additional info: orangecityarts.net
Email: ocArts@orangecityiowa.com



Beyond Onstage:
Paulo Padilha & Group of Brazil
Date: Oct. 10, 7:30pm. Tickets required.
Location: Unity Christian Knight Center
Additional info: orangecityarts.net
Email: ocArts@orangecityiowa.com



Memoir: Writing your stories
8 classes taught by Barbara Turnwall
Dates: Oct. 27-Nov. 20.
Registration required.
Location: Old Factory Coffee Shop
Additional info: orangecityarts.net
Email: ocArts@orangecityiowa.com



we're all ears

The City of Orange City is partnering with Northwestern College students to do a community survey. We would like to know what you think about our community services, what we could do better, and what you would like to see us work towards. Next month in the October utility bills, we will be including a copy of the survey to fill out and return with your utility payment. We will also place the survey online in case you would rather fill out the survey that way. It is our hope that you will fill out the survey and give us your input to make our community better. Thank you in advance for your help!

business assistance seminar

The City of Orange City Economic Development is working with SCORE to host a Cash Flow Management Workshop. Managing cash flow is one of the most difficult tasks of running a business. In this workshop, we'll lay out the basic things you need to know about cash flow and why these concepts are so important for your company's survival. This seminar will be especially helpful to small business owners, entrepreneurs, and individuals exploring a business startup. This free workshop will be held at the NCC College and Career Center in Orange City on October 8, 2014 from 3:00 p.m. until 5:00 p.m. The NCC College and Career Center is located at 709 8th Street S.E. in Orange City. To register for this free workshop, please contact Lesa Stofferan at 712-324-5066 ext. 195



2013 property tax levies due 2014-2015

Orange City's total tax levy ranks 704th in the state compared to the other 946 Iowa communities. Property taxes due in 2014-15 decreased to a rate of \$30.51/\$1000 in comparison to \$31.38 (643th rank in 2013-14) or \$32.17 (647th rank in 2012-13). In the NW IA area survey below, six communities lowered their "city" property tax mill levy and three saw increases. The City has been fortunate to manage its operating costs quite effectively while making prudent capital investments. The survey's combined mill levy averaged \$32.62 and the median was \$33.43 compared to OC's \$30.51.

2013 Property Tax Levies						
	Area School & County	School District	City	City Chg. From 2012	Total Prop. Tax	*State Ranking
Storm Lake	8.89	15.73	13.02	(0.93)	37.64	231
Cherokee	6.52	13.77	17.65	.48	37.94	211
Orange City	6.12	10.44	13.95	(0.87)	30.51	704
Sioux Center	6.12	14.92	12.39	0.85	33.43	504
Carroll	4.79	9.15	11.98	(1.52)	25.92	898
Sheldon	6.94	13.99	12.78	0.82	33.71	475
Spencer	7.00	14.46	11.99	(0.44)	33.45	500
LeMars	5.26	11.65	13.50	(0.29)	30.41	712
Alton	6.12	10.44	13.99	(0.38)	30.55	701

State ranking of 946 cities with # 1 = highest total Property Tax Levy.



for the most
current information
orangecityiowa.com

For additional information/questions, please call the City Office at 712-707-4885.




tired of storing that old electronic equipment

The cities of Orange City and Alton are co-sponsoring a free e-recycling program that will accept computer monitors, CPU's, keyboards, printers and mouse(s), smaller batteries, and T.V.'s. Sorry, car batteries and light bulbs are not allowed. Items can be dropped off behind the ALCO store at the Orange City Street Dept. (809 Concord Place S.E.) on Friday, October 24th, from 4:00 -7:00 p.m. and Saturday, October 25th, from 9:00 a.m. - 12:00 p.m.



attention all job seekers

Are you a business looking for employees? Are you a person looking for a job? The City of Orange City Economic Development Department and the Orange City Chamber of Commerce are partnering to host a job fair. There are a lot of available jobs in Orange City and we would like to help employers and job seekers get together and fill those positions. The job fair will be held at the Prairie Winds Events Center on Wednesday, October 22, from 3:00 - 7:00 p.m.. If your business would like to participate, please contact the Chamber office or go to our website www.orangecityiowa.com. If you are seeking employment, mark your calendar and plan on attending to see the many quality job opportunities in Orange City!

 **for the most current information**
orangecityiowa.com



what aerobic exercise does for your health and wellbeing

Aerobic activity is great for people of all ages and fitness levels. The Mayo Clinic provides us with the following 10 ways of how aerobic activity can positively affect your life:

1. **Keep excess pounds at bay:** Combined with a healthy diet, aerobic exercise helps you lose weight and keep it off.
2. **Increase your stamina:** Aerobic exercise may make you tired in the short term. But over the long term, you'll enjoy increased stamina and reduced fatigue.
3. **Ward off viral illnesses:** Aerobic exercise may activate your immune system. This may leave you less susceptible to minor viral illnesses, such as colds and flu.
4. **Reduce your health risks:** Aerobic exercise reduces the risk of many conditions, including obesity, heart disease, high blood pressure, type 2 diabetes, metabolic syndrome, stroke, and certain types of cancer. Weight-bearing aerobic exercises, such as walking, reduce the risk of osteoporosis.
5. **Manage chronic conditions:** Aerobic exercise may help lower blood pressure and control blood sugar. If you have coronary artery disease, aerobic exercise may help you manage your condition.
6. **Strengthen your heart:** A stronger heart doesn't need to beat as fast. A stronger heart also pumps blood more efficiently, which improves blood flow to all parts of your body.
7. **Keep your arteries clear:** Aerobic exercise boosts your high-density lipoprotein (HDL), the "good," cholesterol, and lowers your low-density lipoprotein (LDL), the "bad," cholesterol. This may result in less buildup of plaques in your arteries.
8. **Boost your mood:** Aerobic exercise may ease the gloominess of depression, reduce the tension associated with anxiety, and promote relaxation.
9. **Stay active and independent as you age:** Aerobic exercise keeps your muscles strong, which can help you maintain mobility as you get older. Aerobic exercise also keeps your mind sharp. At least 30 minutes of aerobic exercise three days a week appears to reduce cognitive decline in older adults.
10. **Live longer:** Studies show that people who participate in regular aerobic exercise live longer than those who don't exercise regularly.



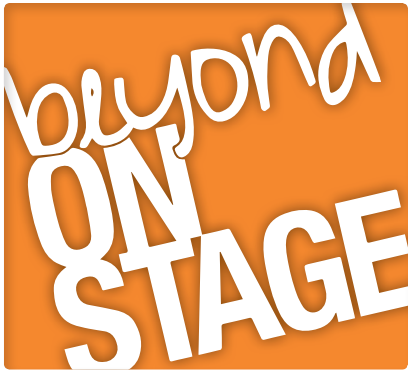
It is important to remember not to overdue if you are just beginning. Listen to your body and continue to build as you get stronger. Anyone who has a chronic health condition should consult with their doctor to make sure all activities are safe. Not sure where to begin or bored with your current program? Contact me at wellnessdir@orangecityiowa.com to find out how I can help!

four impossibly great reasons

Four impossibly great reasons to get a Beyond Onstage season pass (by Oct. 1) AND contribute to the OC Arts Council (by Oct. 31):

1. **Experience world-class acts from exotic places--China, Brazil, Uganda, and Israel--right here on our stage(s).**
2. **Enjoy more and more public art, demos by local artists, dancers, and musicians, and classes for all comers - kids to geezers.**
3. **Raise your children's IQs (the arts just plain make you smarter--guaranteed).**
4. **Expand your world, skip away from the path you've always trod, dance to a different drummer. All that stuff.**

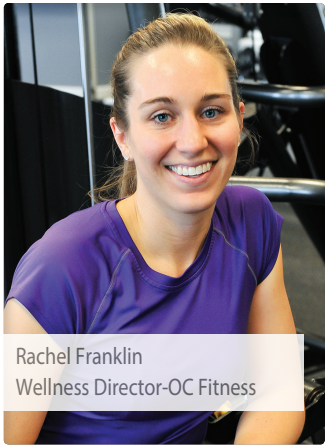
"Live out loud"- support the arts!! Make OC an even better place to live.



**SEASONAL
NO PARKING**
OCT. 15 - APRIL 1
2:00 AM TO 6:00 AM

Seasonal Parking

Be advised! From October 15 – April 1, the City of Orange City does not permit on-street parking between 2:00 a.m. – 6:00 a.m. Snow plows will be heading your way before we know it.



Rachel Franklin
Wellness Director-OC Fitness